



cruise the blue

ADVENTURE | SAFETY | EDUCATION

Take the plunge...

PADI OPEN WATER DIVER COURSE

The PADI Open Water Dive Course is your ticket to a lifetime of exciting underwater exploration. We'll equip you with everything you need to dive as a qualified diver. The course schedule is flexible to meet today's busy lifestyles and there are options for learning the theory at home or in a more social group situation. We can schedule your dives either over a few months or in just a couple of weekends.

The internationally recognised PADI Open Water Diver course is your passport to the world of scuba diving and will give you the freedom to dive with a buddy independent of a professional.

At Cruise the Blue Diving Ltd we pride ourselves on providing you with a comprehensive, safe and fun diver training experience. Our professionally trained instructors have over 60 years combined diving experience! We have dived all over the world and have a wealth of knowledge we want to share with you.

We prefer to provide diver training courses on a one-to-one basis or in small groups; this ensures you receive personal attention and assistance. We go the extra mile to ensure that after you complete our course, you are a skilled and confident scuba diver with plenty of opportunities to get out diving and use your new skills.

So what's involved?

- **Diving theory**

During the course you will complete 5 knowledge development modules, which cover the fundamentals of scuba diving including dive equipment and techniques. Your knowledge is assessed in 5 quizzes and a final evaluation. You will be expected to watch videos and study a manual at home prior to coming along to sessions.

- **Pool dives**

You will complete 5 pool dives where you will learn essential scuba diving skills. Skills are demonstrated by your instructor and then you will practice them yourself. In some cases we will show you several different techniques so that you can decide the method you prefer. You will also participate in a swimming ability assessment.

- **Open water dives**

You will do 4 open water dives and an optional free dive. Your dives will be safely conducted in clear, calm water with a maximum depth of 6-12 metres (20-30 feet). This is where you have a chance to put the skills you have learnt to use and interact with the amazing underwater world.

Equipment

We provide all *scuba* equipment. This includes BCD, regulator and gauges, tanks and weights.

You will need to provide your own snorkelling equipment and a wet suit*. This must include mask, fins, booties, snorkel and a wet suit appropriate to the local water conditions. Your instructor will provide advice on equipment selection during your first knowledge development session. You will have an opportunity to purchase this equipment if you do not already have your own.

PADI OPEN WATER DIVER

Freedom to explore the other 70% of the planet!



Course Schedule

We offer three course scheduling options. **One to one training** where you call the shots and course dates and times are arranged as suitable to both instructor and trainee. Group training provided over **5 consecutive days** or **2 consecutive weekends**.

For full details, please ask for a schedule of upcoming course dates. NB. If you participate in group training it is important that you make a commitment to the training dates and times.

Course Fees

Please refer to our website.

Additional costs include completing a doctors medical, approx \$50 and if required, purchasing your own snorkeling equipment* and wetsuit* for approx \$400.

If any additional training is required beyond the standard course structure, tutorials may be charged at our standard rate.

* Unless agreed by prior arrangement with your instructor

PRE-COURSE CHECKLIST

Please tick off the following items before the **first session** of your dive course. Contact Sallie if you have any questions.

- Complete diving medical** from your GP or Dr Williams
- Complete waivers** in the student record folder (and if under 18 parents co-sign)
- If under 18, complete "Youth diving, responsibilities and risks acknowledgement"** (and parents co-sign)
- Watch 2 DVD's.** There are 5 sections to watch. This includes theory and a preview of the skills you will learn in the pool. ***NB. Duration approx 5 hours***
- Study manual, review all 5 chapters and complete the knowledge review at the end of each chapter.** Bring your manual with the completed knowledge reviews along to the first session of your dive course. ***NB. Duration approx 4-5 hours***
- Bring along payment of your course fee.** Cheques should be made payable to S. Lakin

Before starting pool or open water dives, you will also need to have the following items. If you need to purchase any of the items below please talk to us about options available.

- Fins and boots
- Mask and snorkel
- Wet suit, minimum either 5mm one piece wetsuit or two-piece 3mm full length suit with shorty to wear over the top.

Before completion of your dive course you will also need to provide:

- A passport sized photograph for your certification card.

Completing the Open Water Dive Course over 4-5 days is an intensive time commitment. It is important that you do the self-study at home so you are prepared for the group sessions.

Please ensure you can make it to every session. The course is carefully planned to fit into the allotted time frame and if you miss a session you will not be able to make it up before the next and will forfeit your course fee (unless agreed by prior arrangement).

**Cruise the Blue Diving Ltd, PO Box 264, Mangonui, 0442, New Zealand
Telephone: 09 4060323 or 0274 406323 Email: info@cruisetheblue.co.nz**

www.cruisetheblue.co.nz

SAMPLE COURSE TIMETABLES

Sample 2 weekend course timetable

Session	Location	Day	Time
Orientation and Theory Module 1	Coopers Beach	Friday	7pm-9pm
Theory Modules 2 & 3	Coopers Beach	Saturday	8am-12pm
Pool dives 1, 2 & 3	Coopers Beach	Saturday	1pm-5pm
Theory Modules 4, 5 & Evaluation	Coopers Beach	Sunday	8am-12pm
Pool dives 3, 4 & 5	Coopers Beach	Sunday	1pm-5pm
Open Water Dives 1 & 2	Mill Bay Boat Ramp, Mangonui	Saturday	8am-4pm
Open Water Dives 3 & 4	Mill Bay Boat Ramp, Mangonui	Sunday	8am-4pm
Sign off and certification	Coopers Beach	Sunday	4pm-5pm

Sample 5 weekday course timetable

Session	Location	Day	Time
Orientation and Theory Modules 1,2,3	Coopers Beach	Monday	8am-12pm
Pool dives 1, 2 & 3	Coopers Beach	Monday/Tuesday	1pm-5pm
Theory Modules 4, 5 & Evaluation	Coopers Beach	Tuesday	8am-12pm
Pool dives 3, 4 & 5	Coopers Beach	Tuesday/Wednesday	1pm-5pm
Open Water Dives 1 & 2	Mill Bay Boat Ramp, Mangonui	Thursday	8am-4pm
Open Water Dives 3 & 4	Mill Bay Boat Ramp, Mangonui	Friday	8am-4pm
Sign off and certification	Coopers Beach	Friday	4pm-5pm

PLEASE NOTE

You will need to arrange your own transport to and from all sessions and the open water dives however we will carpool where possible. Timeframes may be slightly shorter or longer, depending on rate of progress through the course requirements.

It is important to arrive on time for sessions. If you miss part of the training you may need to drop out of the course and join the next one as we cannot easily make up any portion of training missed.

Bring a lunch box each day including a bottle of water and snacks for breaks.

Bring togs and towel as well as a rash vest or T shirt that can be worn in the water.

For open water dives bring warm clothing and a waterproof jacket that can be worn over wetsuit between dives.